



**Majlis Peguam
Bar Council Malaysia**

www.malaysianbar.org.my

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To Members of the Malaysian Bar

Counselling Services Programme for Members of the Bar

In order to provide support to Members who might be experiencing stress and anxiety for a variety of reasons — professional and/or personal — the Malaysian Bar entered into a Memorandum of Understanding (“MoU”) with the Board of Counsellors (Malaysia). Under the MoU, which has been in place since 2021, the Malaysian Bar will pay for a maximum of five counselling sessions for Members, provided by registered counsellors appointed by the Board of Counsellors (“panel counsellors”). The current programme will run until **6 Apr 2025**.

Confidentiality is of the utmost importance and we reassure Members that the identity of the Member seeking counselling will be known only to the panel counsellor whom the Member approaches and the Board of Counsellors. In accordance with the provisions of the MoU, the identities of Members seeking assistance will **not** be made known to the Bar Council.

We encourage Members who require assistance to contact **any** panel counsellor in the list of panel counsellors, available [here](#) on the Malaysian Bar website. The list of panel counsellors will be updated from time to time, when changes are made by the Board of Counsellors.

Please click [here](#) to view a set of Frequently-Asked-Questions (“FAQ”), available in English and Bahasa Malaysia, regarding the programme. Members are encouraged to review the FAQ to learn more about the programme before making use of the counselling services.

Should you have any enquiries regarding the programme, kindly contact the Board of Counsellors at 03-8323 2522.

Thank you.

**Sunil Lopez
Deputy Chief Executive Officer
Malaysian Bar**